



# Courageous Parenting 101

UNDERSTANDING SUBSTANCE ABUSE AND ITS IMPACT ON CHILDREN AND YOUTH

Groton Adolescent Substance Abuse Prevention (GASP) Coalition presents Courageous Parenting 101. This five-session substance-abuse education and prevention program was designed by *The Courage to Speak Foundation* to help parents understand substance abuse and its impact on children and youth. The program will be facilitated by Dr. Susan Radway, certified facilitator for The Courage to Speak Foundation. The course covers a variety of material, such as: fundamentals of substance-abuse prevention, drug trends in America, signs of drug use, communication skills, how to find out if your child is using drugs, what to do if your child is using drugs, how to access help, MTV, MySpace, FaceBook, and other timely and relevant material. The program begins on Thursday - October 23 and will run for five weeks, ending on November 20, 2008. The program will be offered from 6:00-8:00 PM at the Groton Public Library, Route 117, Groton, CT.

Parents will gain tools and knowledge that will improve communication with their child(ren) regarding substance abuse issues. The program is free to all parents. Courageous Parenting is open to parents throughout the region free of charge.

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## REGISTRATION **FREE** Course for Parents

Name \_\_\_\_\_  
Address \_\_\_\_\_  
City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
Phone \_\_\_\_\_ E-Mail \_\_\_\_\_  
Number of Children \_\_\_\_\_ Ages of Children \_\_\_\_\_ School(s) Attending \_\_\_\_\_

**YES** I/We will attend Courageous Parenting 101 at Groton Public Library, Route 117, Groton, CT on October 23, 30, November 6, 13 and 20, 2008. The parenting class begins at 6:00 pm sharp. A light supper will be provided. Please arrive at 5:45 pm to sign in.

**NO** I/We cannot attend this program. Please add us to your mailing list for receipt of information and alerts on upcoming events and programs.

Please return your completed Registration Form to: GASP Coalition, 943 North Rd., Groton, CT 06340 or email to [mhamilton@ledgelighthd.org](mailto:mhamilton@ledgelighthd.org)



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