

The Courage to Speak Foundations Presents: Courage to Speak® Courageous Parenting 101 "Parenting Through the Opioid Crisis and Beyond"™



A Double Dose of Prevention™

Part 1: Featuring the Courage to Speak® Presentation presented by Ginger Katz, CEO, Founder, and Author of *Sunny's Story, A Drug Prevention Book*

Part 2: Facilitated by Carlos Reinoso Jr MSMOL, BHCC trained in substance abuse and addiction presenting Courage to Speak® Courageous Parenting 101 "Parenting Through the Opioid Crisis and Beyond"™



Drug Prevention Program Covering:

- Effective Communication Strategies with Children Around Drugs
- Teaching Drug Refusal Skills
- Understanding Emotional Pain and Teaching Children How to Cope
- Knowing Signs of Drug Use
- The Influence of Marijuana and Opioid Use
- Parent Resources and Much More!

Northwest CT Chamber of Commerce Community Room

333 Kennedy Drive #101, Torrington, CT 06790
November 1st, 5:30-7:30 PM

For more information, or to register for this program contact: [Sara Osborne \(860\)496-2139](mailto:Sara.Osborne@torringtonchamber.com)

The Courage to Speak Foundation, Inc. was founded by Ginger Katz in an effort to foster open communication about the prevention of alcohol and other drug abuse among young people. Ginger has been inspired to speak out by the untimely death of her son Ian from a drug overdose. Since 1996, she has given over 1,000 presentations nationally to hundreds of thousands of parents and their children.



Courage to Speak Foundation
Saving Lives by Empowering Youth to be Drug Free



This event is funded in whole from the United States Department of Health and Human Services' (HHS) Substance Abuse and Mental Health Services Administration (SAMHSA) through the CT Department of Mental Health and Addiction Services. (DMHAS).

DHMAS Opioid Support Access Line: 1-800-563-4086

www.couragetospeak.org