



## Fontbonne to host workshop on teen drug use for parents

By Sarah Favot, Town Correspondent – 6/16/2011

The Fontbonne Academy Parents Guild is hosting “Courageous Parenting 101,” a substance abuse education and prevention workshop for parents of teenagers, on Monday, June 27.

The workshop is developed by the Courage to Speak Foundation, a nonprofit organization founded to encourage youth to be drug-free and to help parents to communicate effectively with their children, according to its website.

The seminar will cover topics including drug trends and current party culture, establishing and enforcing health limits for teens, and effective parenting styles, according to a press release from Fontbonne Academy.

The workshop will be held in the school cafeteria from 6 to 9 p.m. The Parents Guild will provide refreshments.

The workshop is free, but parents who wish to attend are asked to RSVP to [acomber@fontbonneacademy.org](mailto:acomber@fontbonneacademy.org) by June 20.

Ginger Katz and her husband founded the Connecticut-based Courage to Speak Foundation in 1996 after they lost their son to a drug overdose.

“Silence is a killer when it comes to children and drug abuse,” said Katz in a press release. “If we don’t speak about this problem, we’re not going to have solutions. And if we don’t have solutions, children will die.”

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