



Partner with the Courage to Speak® Foundation to Implement a Drug Prevention Education Program for Parents in Your Community:

The Courage to Speak® Foundation has developed a Drug Prevention Education Parenting Program called: “Courage to Speak - Courageous Parenting 101® “Parenting through the Opioid Crisis and Beyond”™ also known as *A Double Dose of Prevention™*

About the Program:

Funding was given from the Federal Government to the CT Department of Mental Health and Addiction Services to disperse through a State Opioid Response (SOR) Initiative for the Opioid Crisis in the country. The Courage to Speak Foundation was selected under this response initiative to partner with organizations/schools and other venues throughout CT that serve selected and indicated youth, and to deliver this new program to 3 additional communities in Connecticut.

As a partner, you have the opportunity under this special grant to partner with The Courage to Speak Foundation to bring this potentially lifesaving information, pro-bono to the parents in your community!

This Double Dose of Prevention™ is offered in two parts:

Part 1: Begins with a live presentation by Ginger Katz, Founder of the Courage to Speak Foundation. Ms. Katz tells the story of her son Ian’s losing battle with drugs and provides guidance to parents to help them reduce the risk of drug use.

Part 2: Taught by professional facilitators in the field of substance abuse and prevention.

Responsibilities of the organization that partners with the Courage to Speak Foundation would include:

1. Host the event in your community
2. Market and locate a venue in your community

Some topics covered in this new program include:

- Addiction and its physiological consequences
- Misuse of prescription medications
- Parental communication and listening strategies
- Helping children handle stress and strong emotions
- Understanding signs of drug use and how to intervene

Some parent results from pre-and post-test surveys show up to:

- **40% Increase in knowledge** about the dangers of opioids and other drugs
- **50% Increase in confidence** in knowing how to talk to their teens about drugs
- **50% Increase knowledge** in how to recognize if their child was using drugs
- **40% Increase confidence** in teaching their children how to refuse drugs

The Foundation has partnered with over 30 schools, organizations, coalitions and others to deliver this NEW program in locations throughout the state of CT which include:

The CT Department of Corrections, National Alliance on Mental Illness, Housatonic Valley Coalition Against Substance Abuse, Greater Hartford Harm Reduction Coalition, Greenwich United Way, Boys and Girls Club, Greater Hartford Harm Reduction Coalition, Danbury High School, Department of children and Families, CCAR, Fairfield Cares, Southing Public Schools, Ponus Ridge Middle School, Jockey Hollow Middle School, Naugatuck Youth Services, New London Community and Campus Coalition, Side by Side Charter School, and African Caribbean American Parents of Children with Disabilities.

For more information on how to bring this program into your community

Call 203-831-9700 or e-mail gkatz@couragetospeak.org
www.couragetospeak.org

One of our Hartford Partners said:

"On behalf of all of us here at the City of Hartford, we would like to thank you for providing our community with such a compelling training...Thank you for all that you do for the youth and families in our communities"

-Kristina Baldwin, Grants Manager Department of Families, Children, Youth and Recreation