

Courage to Speak® COURAGEOUS PARENTING101



Courage to Speak Foundation
Saving Lives by Empowering Youth to be Drug Free

"Assisting Youth Through the Opioid Crisis and Beyond"™ A Workshop for Parents, Professionals and Teachers

Covering Topics Such As:

- Understanding Signs of Drug Use
- Effective Communication Strategies with Youth on Drugs
- Prevention and Intervention Strategies for Teachers
- Teaching Youth Drug Refusal Skills
- Helping Youth Cope Effectively with Stress and Emotions
- Marijuana's influence on Opioid Abuse and much more



A DOUBLE DOSE OF PREVENTION™

Part 1 Featuring the Courage to Speak® Presentation presented by Ginger Katz, CEO, Founder of The Courage to Speak Foundation and Author of *Sunny's Story, A Drug Prevention Book*



Part 2 Facilitated by Carlos Reinoso Jr MSMOL, BHCC trained in substance use disorder and addiction presenting Courage to Speak® Courageous Parenting 101 "Parenting Through the Opioid Crisis and Beyond"™



Department of Children and Families
100 Fairfield Ave # 3 Bridgeport, CT

Date: October 4th, 2019

Time: 10:00 AM – 12:00 PM

For more information, please contact Jinnel D'Hereaux jinnel.dhereaux@cafafct.org

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DHMAS Opioid Support Access Line: 1-800-563-4086

www.couragetospeak.org