

Courage to Speak®

# COURAGEOUS PARENTING 101



Courage to Speak Foundation  
Saving Lives by Empowering Youth to be Drug Free

"Parenting Through the Opioid Crisis and Beyond"™

A Workshop for Parents, Professionals and Teachers

Covering Topics Such As:

- Understanding Signs of Drug Use
- Effective Communication Strategies with Youth on Drugs
- Prevention and Intervention Strategies for Teachers
- Teaching Youth Drug Refusal Skills
- Helping Youth Cope Effectively with Stress and Emotions
- Marijuana's influence on Opioid Abuse and much more

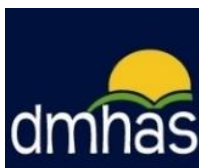


## A DOUBLE DOSE OF PREVENTION™

**Part 1** Featuring the Courage to Speak® Presentation presented by Ginger Katz, CEO, Founder of The Courage to Speak Foundation and Author of *Sunny's Story, A Drug Prevention Book*



**Part 2** Facilitated by Carlos Reinoso Jr MSMOL, BHCC trained in substance use disorder and addiction presenting Courage to Speak® Courageous Parenting 101 "Parenting Through the Opioid Crisis and Beyond"™



New London Community and Campus Coalition

60 Jay Street, New London, CT

Date: October 1<sup>st</sup>, 2019

Time: 6:00 PM

For more information, please contact Priscilla Melecio at 860-442-1497 or email

PMelecio@ci.New-London.CT.US



This event is funded in whole from the United States Department of Health and Human Services' (HHS) Substance Abuse and Mental Health Services Administration (SAMHSA) through the CT Department of Mental Health and Addiction Services. (DMHAS).

**DHMAS Opioid Support Access Line: 1-800-563-4086**

[www.couragetospeak.org](http://www.couragetospeak.org)