

Courage to Speak®

COURAGEOUS PARENTING 101



Courage to Speak Foundation
Saving Lives by Empowering Youth to be Drug Free

"Protecting Youth Through the Opioid Crisis and Beyond"™

A Workshop for Parents, Professionals and Teachers

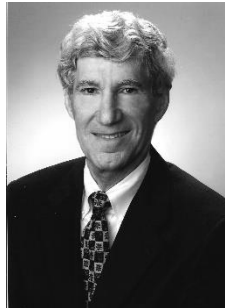
Covering Topics Such As:

- Understanding Signs of Drug Use
- Effective Communication Strategies with Youth on Drugs
- Prevention and Intervention Strategies for Teachers
- Teaching Youth Drug Refusal Skills
- Helping Youth Cope Effectively with Stress and Emotions
- Marijuana's influence on Opioid Abuse and much more



A DOUBLE DOSE OF PREVENTION™

Part 1 Featuring the Courage to Speak® Presentation presented by Ginger Katz, CEO, Founder of The Courage to Speak Foundation and Author of *Sunny's Story, A Drug Prevention Book*



Part 2 Facilitated by Larry Katz Co-Founder of the Courage to Speak Foundation and former social worker. Mr. Katz has a BA in Psychology and an MS in Nutrition. Larry will be presenting Courage to Speak® Courageous Parenting 101 "Parenting Through the Opioid Crisis and Beyond"™



Side by Side Charter School

10 Chestnut Street, Norwalk, CT 06854

Date: Wednesday, November 20th, 2019

Time: 6:00-7:30 PM

Light dinner will be provided.

For more information and /or to register, please contact Marlene De Bellis at
203-857-0306 ext. 126 or by email at mdbellis@sbscharter.org.

Registration is encouraged but not required. We hope
you will be able to attend.

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www.couragetospeak.org