

Courage to Speak® COURAGEOUS PARENTING101



Courage to Speak Foundation
Saving Lives by Empowering Youth to be Drug Free

"Parenting Through the Opioid Crisis and Beyond"™ A Workshop for Parents and Students

Covering Topics Such As:

- Understanding Signs of Drug Use
- Effective Communication Strategies with Youth about Drugs
- Prevention and Intervention Strategies
- Teaching Youth Drug Refusal Skills
- Helping Youth Cope Effectively with Stress and Emotions
- Marijuana's influence on Opioid Abuse and much more



A DOUBLE DOSE OF PREVENTION™

Part 1 Featuring the Courage to Speak® Presentation "A Mother's Story" presented by Ginger Katz, CEO, Founder of The Courage to Speak Foundation and Author of *Sunny's Story, A Drug Prevention Book*



Part 2 Facilitated by Carlos Reinoso Jr MSMOL, BHCC trained in substance use disorder and addiction presenting Courage to Speak® Courageous Parenting 101 "Parenting Through the Drug Crisis and Beyond"™



Faith & Education
COALITION



Emanuel Baptist Church
258 Harriet Street
Bridgeport, CT

Parents and Students are Welcome

Date: Tuesday, July 25th, 2023

Time : 7:00 pm to 9:00 pm

www.couragetospeak.org