## Courage to Speak® COURAGEOUS PARENTING101



"Parenting Through the Opioid Crisis and Beyond"™
A Workshop for Parents and Students

## Covering Topics Such As:

- Understanding Signs of Drug Use
- Effective Communication Strategies with Youth about Drugs
- Prevention and Intervention Strategies
- Teaching Youth Drug Refusal Skills
- Helping Youth Cope Effectively with Stress and Emotions
- Marijuana's influence on Opioid Abuse and much more



## A DOUBLE DOSE OF PREVENTION™

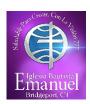
Part 1 Featuring the Courage to Speak® Presentation "A Mother's Story" presented by Ginger Katz, CEO, Founder of The Courage to Speak Foundation and Author of *Sunny's* Story, A Drug Prevention Book



Part 2 Facilitated by Carlos Reinoso Jr MSMOL, BHCC trained in substance use disorder and addiction presenting Courage to Speak<sup>®</sup> Courageous Parenting 101 "Parenting Through the Drug Crisis and Beyond" ™



Faith Education





Emanuel Baptist Church
258 Harriet Street
Bridgeport, CT
Parents and Students are Welcome
Date: Tuesday, July 25<sup>th</sup>, 2023
Time: 7:00 pm to 9:00 pm

www.couragetospeak.org