

Courage to Speak® COURAGEOUS PARENTING 101



Courage to Speak Foundation
Saving Lives by Empowering Youth to be Drug Free

"Parenting Through the Drug Crisis and Beyond" A Workshop for Parents

Covering Topics Such As:

- Understanding Signs of Drug Use
- Effective Communication Strategies with Youth on Drugs
- Prevention and Intervention Strategies
- Teaching Youth Drug Refusal Skills
- Helping Youth Cope Effectively with Stress and Emotions
- Marijuana's influence on Opioid Abuse and much more



A DOUBLE DOSE OF PREVENTION™

Part 1 Featuring the Courage to Speak® presentation by Ginger Katz, CEO, Founder of The Courage to Speak Foundation and Author of *Sunny's Story, A Drug Prevention Book*



Part 2 "Parenting through the Drug Crisis & Beyond," presented by Margaret Watt, MPH, MA, Prevention Director at Positive Directions-The Center for Prevention & Counseling, co-chair, The Norwalk Partnership.



ALL PARENTS ARE WELCOME

Where: Norwalk Public Schools Family Center

1 Park Street, Norwalk, CT

Date: Thursday, April 20, 2023

Time: 5:00 pm to 7:00 pm

RSVP: Scan QR code or visit

<https://www.signupgenius.com/go/10C0948A4A62CA4FCC07-courageous>



www.couragetospeak.org