



Courage to Speak® Foundation
Saving Lives by Empowering Youth to be Drug Free

The Courage to Speak® Foundation Presentation By Ginger Katz



CEO/Founder of the Courage to Speak® Foundation and Author of Sunny's Story, A Drug Prevention Book

Date: Tuesday, February 8th, 2022

Time: 6 PM

ZOOM MEETING

In a riveting and thought-provoking presentation, nationally-renowned speaker, Ginger Katz, shares the story of her son Ian's losing battle with drugs from 8th grade that started with cigarettes, alcohol, and marijuana, through his junior year in college where he then died from a heroin and prescription drug overdose. Through her presentation, she implores parents to teach their children to follow the positive passions in their lives and to make healthy decisions. Ginger's words ask parents to listen to their instincts, avoid the trap of denial, and pay attention to early signs of concern.

Issues to be addressed:

- **A Mother's Story: A Son's losing battle with drug addiction**
- **Signs of Drug Use**
- **Helping youth and young adults handle stress, anger & other emotions**
- **Helping youth make good decisions**
- **The code of silence and its dangers**
- **Addiction and its impact on families**

Hosted By: Connecticut Alliance of Foster and Adoptive Families

For More information, please contact Rochelle at Rochelle.callender@cafafct.org

www.couragetospeak.org