

## **Know the Signs of Drug Use**

### **Behavior Changes**

- Decreased involvement or talkativeness at home
- Friend changes (hangs with drinking or drugging crowd)
- Increased isolation
- Acting disconnected or “spacey”

### **Attitude Changes**

- Loss of motivation, particularly for previously enjoyed activities
- Increased need for money
- Secretiveness, irritability, lying
- Defensive about drug use / defends friends’ right to use

### **School Signs**

- Problems with learning, memory, attention
- Drop in grades or interest in school activities previously enjoyed
- Draws pot leaves or drug symbols on notebooks

### **Physical Changes**

- Energy - conspicuously high periods of energy coupled with very low energy
- Changes in sleeping patterns
- Changes in appetite or weight
- Depression
- Mention of suicide
- Attempted suicide

\*Some of these are typical changes during adolescence by themselves, HOWEVER, several of these signs together may be an indicator of a drug use