



Courage to Speak® Foundation
Saving Lives by Empowering Youth to be Drug Free

The Courage to Speak® Foundation Presents... *"How To Keep Your Kids Safe"*



Presented by Ginger Katz at the 27th Annual Conference for the Connecticut Alliance of Foster and Adoptive Families.

DATE: Friday, May 6th, 2022 at 10:30 AM at the Marriott Hotel in Mystic, CT

LIVE PRESENTATION

Ginger Katz, CEO and Founder of the Courage to Speak Foundation and Author of *Sunny's Story*, a drug prevention book.

This presentation tells a mother's story of losing her son to addiction. In this riveting presentation, Ginger Katz tells the story of losing her son, Ian, to substance misuse and how parents, now more than ever, need the tools and skills to keep their children safe from the dangers of drugs. Since the beginning of the COVID-19 pandemic, substance misuse and the overdose rate has increased significantly, especially among our teens. Ginger will help parents navigate these challenges of raising their youth during the Opioid Crisis and COVID-19 pandemic.

Some of the Issues to be addressed:

- **A Mother's Story: A Son's losing battle with drug addiction;**
- **Signs of Drug Use;**
- **Helping youth and young adults handle stress, anger & other emotions;**
- **Helping youth make good decisions;**
- **The code of silence and its dangers;**
- **Addiction and its impact on families.**

For Conference information, please contact vanessa.williamson@cafafct.org