



Courage to Speak® Foundation
Saving Lives by Empowering Youth to be Drug Free

The Courage to Speak® Foundation Presentation

By Ginger Katz



Date: Wednesday, September 2nd

Time: 9:30 AM

Place: Nathan Hale Middle School

**CEO/Founder of the Courage to Speak®
Foundation and Author of *Sunny's Story*,
A Drug Prevention Book**

In a riveting and thought-provoking presentation, nationally-renowned speaker, Ginger Katz, shares the story of her son Ian's losing battle with drugs from 8th grade that started with cigarettes, alcohol, and marijuana, through his junior year in college where he then died from a heroin and prescription drug overdose. Through her presentation, she implores students to find adults in their lives they can talk to because it's OK to ask for help, to follow the positive passions in their lives and to make healthy decisions to live a drug-free life.

Topics to be addressed:

- **A Mother's Story: A Son's losing battle with drug addiction**
- **Signs of Drug Use**
- **Helping youth and young adults handle stress, anger & other emotions**
- **Helping youth make good decisions**
- **The code of silence and its dangers**
- **Addiction and its impact on families**



For more information, please contact Ginger Katz at gkatz@couragetospeak.org

www.couragetospeak.org