

# Courage to Speak® COURAGEOUS PARENTING101



Courage to Speak Foundation  
Saving Lives by Empowering Youth to be Drug Free

## "Parenting Through the Opioid Crisis and Beyond"™ A Workshop for Parents, Professionals and Teachers

### Covering Topics Such As:

- Understanding Signs of Drug Use
- Effective Communication Strategies with Youth on Drugs
- Prevention and Intervention Strategies for Teachers
- Teaching Youth Drug Refusal Skills
- Helping Youth Cope Effectively with Stress and Emotions
- Marijuana's influence on Opioid Abuse and much more



### A DOUBLE DOSE OF PREVENTION™

**Part 1** Featuring the Courage to Speak® Presentation presented by Ginger Katz, CEO, Founder of The Courage to Speak Foundation and Author of *Sunny's Story, A Drug Prevention Book*



**Part 2** Facilitated by Carlos Reinoso Jr MSMOL, BHCC trained in substance use disorder and addiction presenting Courage to Speak® Courageous Parenting 101 "Parenting Through the Opioid Crisis and Beyond"™



St. Joseph's Parenting Center  
90 Fairfield Ave, Stamford, CT  
Date: Tuesday, November 29<sup>th</sup>, 2022  
Time : 6 pm

[www.couragetospeak.org](http://www.couragetospeak.org)