



Courage to Speak® Foundation
Saving Lives by Empowering Youth to be Drug Free

The Courage to Speak® Foundation Virtual Presentation
Presented By Ginger Katz



Ginger Katz, CEO and Founder of the Courage to Speak® Foundation and Author of *Sunny's Story*, a drug prevention book.

The Health Education Center

**DATE: Thursday, October 6th
2:00PM**

LIVE VIA ZOOM MEETING

In a riveting and thought-provoking presentation, nationally-renowned speaker, Ginger Katz, shares the story of her son Ian's losing battle with drugs from 8th grade that started with cigarettes, alcohol, and marijuana, through his junior year in college where he then died from a heroin and prescription drug overdose. Through her presentation, she implores parents to teach their children to follow the positive passions in their lives and to make healthy decisions. Ginger's words ask parents to listen to their instincts, avoid the trap of denial, and pay attention to early signs of concern.

Issues to be addressed:

- **A Mother's Story: A Son's losing battle with drug addiction**
- **Signs of Drug Use**
- **Helping youth and young adults handle stress, anger & other emotions**
- **Helping youth make good decisions**
- **The code of silence and its dangers**
- **Addiction and its impact on families**

Presented to Parents: THE HEALTH EDUCATION CENTER, INC.



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