

# Courage to Speak® Parenting Prevention Presentation



Courage to Speak Foundation  
Saving Lives by Empowering Youth to be Drug Free

## "Parenting Through the Opioid Crisis and Beyond"™ A Workshop for Parents, Professionals and Teachers

### Covering Topics Such As:

- A Mother's Story of Her Son's Addiction
- Understanding Signs of Drug Use
- Effective Communication Strategies with Youth
- Prevention and Intervention Strategies for Parents
- Teaching Youth Drug Refusal Skills
- Helping Youth Cope Effectively with Stress and Emotions
- Marijuana's influence on Opioid and much more

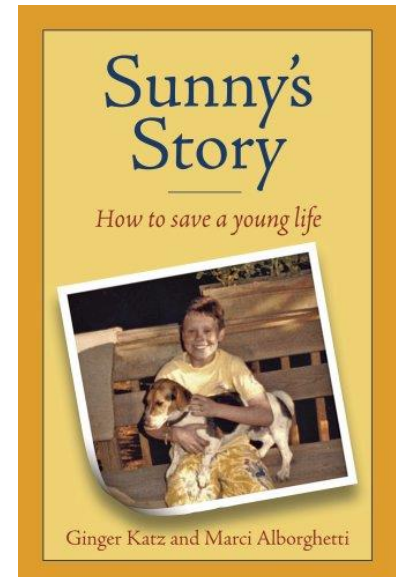
### A DOUBLE DOSE OF PREVENTION™



Featuring the Courage to Speak® Presentation presented by Ginger Katz, CEO, Founder of The Courage to Speak Foundation and Author of **Sunny's Story, A Drug Prevention Book**



Larry Katz Co-Founder of the Courage to Speak Foundation. Mr. Katz has a BA in Psychology and an MS in Nutrition and is a former Social Worker for the State of Connecticut.



Hosted by: "This is Us, Portland"  
Youth & Family Services Prevention Council  
Portland High School Library  
95 High St, Portland, CT 06480

Date: April 20, 2022

Time: 7:00pm-8:30pm

Book signing after presentation

To register, please go to: [tinyurl.com/CourageToSpeak](http://tinyurl.com/CourageToSpeak)

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Alliance for Prevention & Wellness



[www.couragetospeak.org](http://www.couragetospeak.org)  
[www.portlandct.org/yfs-prevent](http://www.portlandct.org/yfs-prevent)

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