



The Courage to Speak® Presentation

A powerful substance use prevention presentation

Presented by Ginger Katz

Founder & CEO, The Courage to Speak® Foundation

Author of *Sunny's Story*, a widely used drug prevention book

In this powerful presentation, nationally recognized prevention speaker Ginger Katz shares the true story of her son Ian's struggle with substance use and the silence that surrounded it. Drawing on her experience as a parent, Ginger helps audiences recognize early warning signs of alcohol and other drug use and understand the emotional barriers that often prevent families from speaking openly.

Delivered with honesty and emotional integrity, the Courage to Speak® Presentation challenges young people to speak up and reach out to trusted adults, while encouraging parents and caregivers to listen, engage, and take action early. The presentation emphasizes communication, awareness, and connection as essential tools for prevention.

Since losing her son at age 20, Ginger Katz has reached hundreds of thousands of individuals nationwide, opening meaningful conversations about substance use, denial, and the importance of breaking the silence.

Audiences Include

- Students
- Parents and caregivers
- Educators and school administrators
- Prevention professionals
- Law enforcement
- Community and faith-based organizations
- Corporations
- State and federal agencies
- National conferences

What Audiences Are Saying

"Thank you for bringing this invaluable learning experience to our young people. I have no doubt that your visit will save lives."

— High School Principal

"After hearing Ian's story, I left with a completely different perspective."

— High School Student

"My daughter is still alive and safe because we listened and sought help after hearing this presentation."

— Parent

Schedule a Courage to Speak® Presentation

To schedule a presentation or request additional information, contact

gkatz@couragetospeak.org