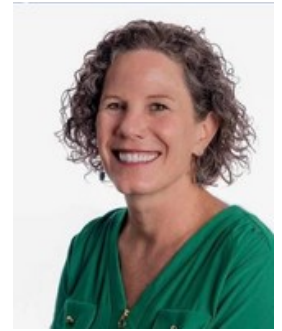




Courage to Speak® Foundation
Saving Lives by Empowering Youth to be Drug Free



COURAGE TO SPEAK® COURAGEOUS PARENTING 101

"PARENTING THROUGH THE DRUG CRISIS AND BEYOND"

A WORKSHOP FOR PARENTS

Covering Topics Such As:

- Understanding Signs of Drug Use
- Effective Communication Strategies with Youth on Drugs
- Prevention and Mental Health Local Stats
- Teaching Youth Drug Refusal Skills
- Helping Youth Cope Effectively with Stress and Emotions
- Marijuana's influence on Opioid Abuse and much more

A DOUBLE DOSE OF PREVENTION™

- **Part 1** Featuring the Courage to Speak® Presentation presented by Ginger Katz, CEO, Founder of The Courage to Speak Foundation and Author of Sunny's Story, A Drug Prevention Book
- **Part 2** Facilitated by Margaret Watt, MPH, MA, Prevention Director at Positive Directions-The Center for Prevention & Counseling.

WWW.COURAGETOSPEAK.ORG

NORWALK PUBLIC SCHOOLS FAMILY CENTER
1 PARK STREET NORWALK, CT

ALL PARENTS ARE WELCOME

DATE: NOVEMBER 13, 2023

TIME : 5:00 PM TO 7:00 PM

